

WILLINGHAM CENTER SCHEDULE OF DAILY EVENTS

| Program | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|-------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|----------------|
| Water Aerobics | | 7 to 8 a.m. | 7 to 8 a.m. | 7 to 8 a.m. | 7 to 8 a.m. | 7 to 8 a.m. | |
| Water Aerobics | | 8:30 to 9:30 a.m. | 8:30 to 9:30 a.m. | 8:30 to 9:30 a.m. | 8:30 to 9:30 a.m. | 8:30 to 9:30 a.m. | |
| Water Aerobics | | 9:30 to 10:30 a.m. | 9:30 to 10:30 a.m. | 9:30 to 10:30 a.m. | 9:30 to 10:30 a.m. | 9:30 to 10:30 a.m. | |
| Water Aerobics | | | | | | | |
| Bridge (every 4 th Wednesday) | | | | 1 p.m. at the Wade House | | | |
| Bingo | | | | | | 9:30 a.m. | |
| Covered Dish Luncheon | | . | Third Wed. Of each month | 11:15 a.m. | | | |
| Karate | | | 6:30 to 8:30 p.m. | | 6:30 to 8:30 p.m. | | |
| Weight Training | 1 to 5 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | Noon to 5 p.m. |
| Open Swim | 1 to 5 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | Noon to 5 p.m. |
| Walking | 1 to 5 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | Noon to 5 p.m. |
| Open Gym | 1 to 5 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | 7 a.m. to 1 p.m. 3 to 8 p.m. | Noon to 5 p.m. |
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Swimming Lessons are available — call to set up a time for your lessons

Day Camp — Selected times throughout the year, please check with the Receptionist for dates and fees.

Parties can be booked on Sat. 10 to 12 noon or 5 p.m. to 7 p.m.. Call for availability and fees.

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